

## ***Educator update: August 2018***

All educators will by now be aware that the ECU is conducting spot visits to family day care educators, concentrating on children's health and safety, and the physical environment. The current field visit focus will be around these areas. The ECU visits will be unannounced visits that enable ECU officers to observe normal conditions and practice. The length of the visit will vary, depending on the findings at the visit, so please be well organised and prepared.

Have you notified the office about your current daily routine and where you go on regular outings? The ECU requires this information so that they can plan their visits accordingly.

*Welcome to Ashley,  
who is the new trainee  
in the coordination  
unit.*

*Welcome also to new  
educators Nancy in  
Mornington and  
Nicole in Old Beach.*

**Telephone tree:** A telephone tree was developed some time ago that enabled educators to keep in touch with each other. Several educators have indicated that they would like the tree resurrected.

Are you interested? If so, please contact the office.

**Bush Kinder** is held at the Sustainability Centre at Mt Nelson during school terms. Some of our educators join this program on Mondays and have found it fun and a great learning experience for the children in their care. Further information is available from the centre on 6220 3442 or the Sustainability Learning Centre Tas Facebook page

**Hot topic: safe sleep and rest practices.** Effective sleep and rest practices support each child's wellbeing and comfort. Educators have a duty of care to ensure that children are provided with a high level of safety when sleeping and resting. The Guide to the National Quality Framework suggests that the circumstances and needs of each child should be considered to determine any risk factors that may impact on the adequate supervision. For example, babies or children with colds or chronic lung conditions may need a higher level of supervision while sleeping.

The Guide recommends monitoring and observing sleeping and resting children. In particular, children aged birth to three years should be within sight and hearing distance so educators can assess their breathing and the colour of their skin to ensure their safety and wellbeing. (ref. ACECQA Newsletter Issue 9 2018)

***How do you supervise sleeping children?***



### **Upcoming events:**

- National Family Day Care conference - 6-8 September
- Scheme meeting – 11<sup>th</sup> September – Scott Gibson
- Breast Screen Tasmania - Don't Miss the Bus free breast screening service at Bayfield Street. Call 13 20 50